



Cardiovascular Disease, Type 2 Diabetes and Complementary and Alternative Medicine

CAMELOT investigates care seeking, health management and the relationship between use of conventional and complementary and alternative medicine (CAM) amongst people with Type 2 diabetes (T2DM) or/and cardiovascular disease (CVD) including hypertension or high cholesterol.

CAMELOT is a three year NHMRC funded study at Monash University conducted in association with **Heart Support Australia, Diabetes Australia–Victoria**, and the **Chronic Illness Alliance**.

Get involved
Raise the profile of CAM therapies for the treatment of chronic conditions

For more information see our website

Get involved! Contact Rachel Canaway or Jennifer Moral at Monash University:

www.camelot.monash.edu.au
camelot.psych@med.monash.edu.au
1800 887 356

All information provided remains confidential and participants remain anonymous in the research findings

Each completed questionnaire received by 15th July 2010 goes into the draw to **WIN one of 100 gift cards valued \$50**

CAMELOT provides a voice for people with CVD and T2DM so we can all better understand their needs and experiences. This research has the potential to influence future health policy and practice. Your client's contribution involves taking about 25 minutes to complete a questionnaire.

Help us overcome limitations and medical dominance. There is no easy way to identify users of CAM therapies other than via practitioners. The study results, so far, indicate that very few people with CVD or Type 2 diabetes

seek support from CAM practitioners.

But is this really the case? By supporting this

research and encouraging your eligible clients to take part, you will be helping to raise the profile of CAM therapies for the treatment of chronic conditions.

Get involved now!

Inform your clients about CAMELOT!



The CAMELOT team

GET INVOLVED

Step 1 Contact us to learn more about CAMELOT and order reply-paid information leaflets to give to your clients.

Step 2 Engage and encourage your eligible clients to contribute by offering an information pamphlet.

To contribute, your client should complete the questionnaire on the internet, or return the reply paid pamphlet for a survey to be sent to them (as outlined in the information pamphlet).

Survey available until 15th July 2010